



<b>Date:</b> 09/11/23 <b>GRADE:</b> XII	<b>MT3 (2023-24)</b> <b>PHYSICAL EDUCATION</b>	<b>Maxmarks:</b> 20 <b>Time:</b> 50 min
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**MARKING SCHEME**

Qn. No	SECTION A	Marks
1	(c) Aerobic system	1
2	(d) Increased blood supply	1
3	(c) Oblique fracture	1
4	(a)Weight	1
5	(a)Opposite	
	<b>SECTION B</b>	
6	Hypertrophy of muscles increases Increase in number and size of mitochondria Increase myoglobin Increase in glycogen	2
7	Abrasion : Superficial injury occurred due to friction Strain : Injury to muscle Sprain : ligament injury	2
8	In sports weightlifting widening of the legs and lowering of the upper body helps to more stability Volleyball stance Basketball stance	2
	<b>SECTION C</b>	
9	Stress fracture Green stick fracture Comminuted fracture Oblique fracture Transverse fracture Impacted fracture	3
10	Law of Inertia Law of acceleration Law of reaction	3
11	1 <sup>st</sup> class lever 2 <sup>nd</sup> class lever 3 <sup>rd</sup> class lever	3







